



Curriculum Intent Statement - Physical Education

The difference that high quality physical education, school sport and physical activity make to the lives of young people, is quite remarkable.' afPE

Intent: We aim for all children to be physically and mentally confident in order to develop **healthy minds** and **bodies**.

- Ensure all pupils are **physically active** for sustained periods of time to foster **happy and healthy** children.
- Widen children's horizons giving them opportunities to develop **resilience, independence and curiosity** through a broad range of physical activities and experiences.
- Enable pupils to reach their true potential by offering them experiences which will allow them to find and develop new **talents**.
- Encourage children to become **creative, enquiring learners and effective communicators** through **heathy, physical activities** which develop leadership and team building skills.
- Inspire all pupils to engage and succeed in competitive sport and other physically-demanding activities whilst developing a sense of fair play and sportsmanship.
- Ensure children have the knowledge and understanding to **make a difference to** and begin to take **responsibility** for their own **physical health and well-being** as they prepare for the next stage of their education.

* Colours link intent back to Whole School Curriculum Intent

Implementation: High quality Physical Education is taught at St Sebastian's CE School as an area of learning, for at least 2 hours a week. We teach lessons so that children:

- Have the opportunity to participate in P.E. at their own level of development
- Have fun and experience success in a variety of sports
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active.
- Opportunities for curriculum adaptation and challenge, pre teaching and interventions for those children who may require it, including those with SEN, throughout a topic or prior to a new topic being taught.

Impact:

We strive to ensure that our pupil's attainment is in line with or exceeds their potential when we consider the various starting points of all our children. We measure our intentions using formative and summative assessment including;

- A reflection on standards achieved against the planned outcomes;
- Tracking of knowledge in pre and post assessments;
- Pupil discussions about their learning;
- Moderating children's work with other school in our federation and collaboration